

ahealthyme<sup>SM</sup>

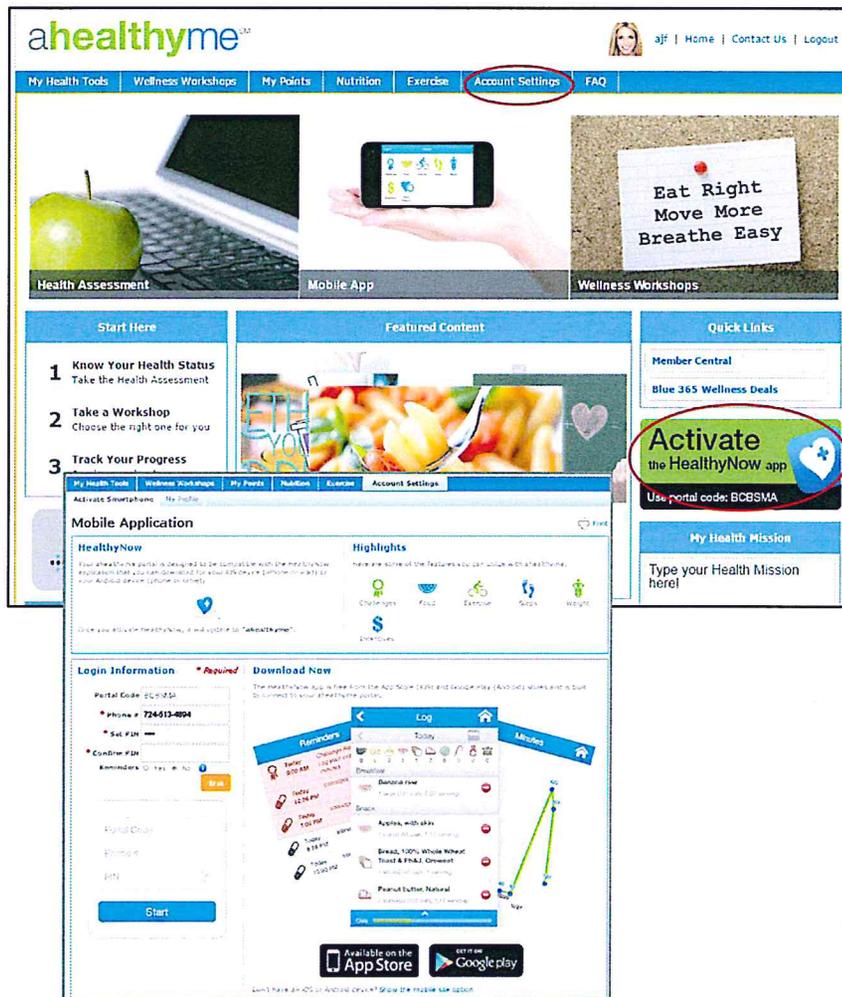
Everything to live a healthier life

Activating the HealthyNow mobile app



MASSACHUSETTS

# Activating the HealthyNow mobile app



How to activate\* the HealthyNow mobile app from the homepage:

- 1 Click on the app button on the ahealthyme homepage.
- 2 Register phone # and create PIN code.
- 3 Download the  app.

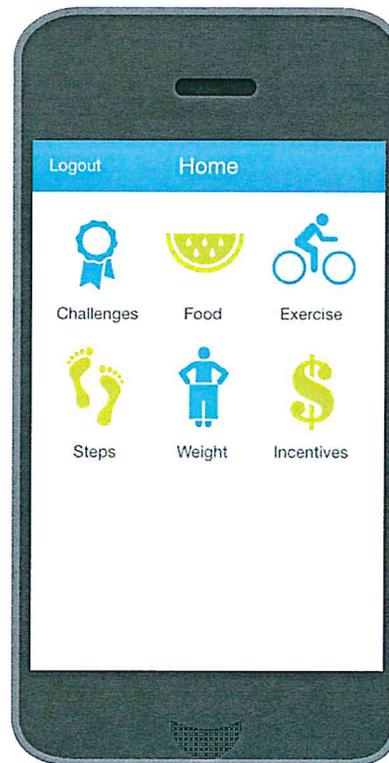
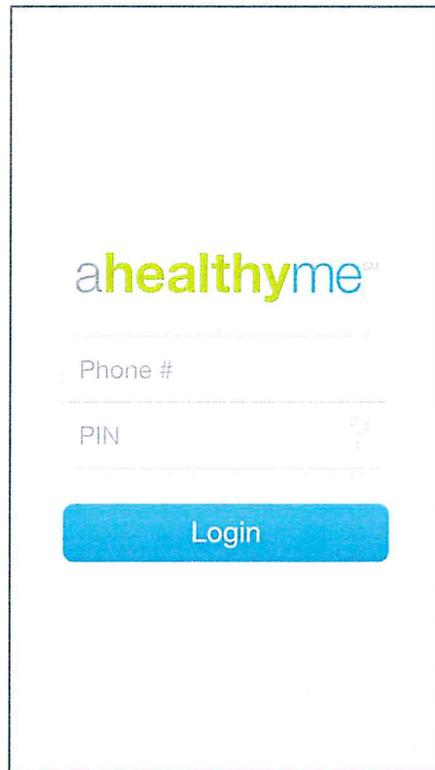


\*You must register your cell phone on ahealthyme prior to accessing the app



## Accessing the HealthyNow mobile app

Activate the app on your phone using portal code **BCBSMA**, your cell phone number and PIN code



Use the app to log steps, meals, weight, complete challenges, and track points toward an employer-sponsored wellness incentive

