



ahealthyme<sup>SM</sup>

Everything to live a healthier life

Account creation and log-in process



MASSACHUSETTS

# Account creation and login process

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## Option 1\*: Direct to ahealthyme.com/login

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Everything to live  
a healthier life.

**Members Sign In:**

Username

Password

Login [forgot username?](#)  
[forgot password?](#)

**Sign Up Now!**

The information you provide on this site will be kept in accordance with the Blue Cross Blue Shield of Massachusetts [Commitment to Confidentiality](#) statement.

[Click here to sign up >>](#)

[Commitment to Confidentiality](#) | [Contact Us](#) | [Terms & Conditions](#) | [Privacy Policy](#)

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MASSACHUSETTS

### Create an account:

- 1 Go to: [www.ahealthyme.com/login](http://www.ahealthyme.com/login).\*
- 2 Click on **Click here to sign up**.
- 3 Follow steps to register (next slide).

**Reminder:** You must complete the registration process before you can sign on to the ahealthyme secure website!

*\*Recommended and the most direct way to log-in. All communications from ahealthyme (e.g. challenge emails, workshop reminders, etc.) will include this link.*



# Account creation and login process



## Option 1: Direct to ahealthyme.com/login (cont.)

Enter BCBSMA Member ID  
or Personal Access Code

Hit submit to complete  
registration process

4

You will need your BCBSMA member card to complete the registration process.\*

5

You will be asked to enter your 9-digit member number (do not enter the letters preceding the numbers) AND your 2-digit suffix, for a total of 11 digits. Non-BCBSMA members are instructed to enter the 11 digit ahealthyme personal access code they received in the mail of from your employer.

6

Read and agree to the Terms of Use and Privacy Policy and hit the **Submit** button.

Once you hit submit you'll be taken to the ahealthyme homepage.

*\*It takes 10 business days for a new employee's effective date before they are eligible to register for the ahealthyme secure website*

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## Option 2: Sign on via ahealthyme Public Site

The screenshot shows the ahealthyme website homepage. At the top left is the logo and tagline "ahealthyme<sup>SM</sup> Everything to live a healthier life". Below it are language options: "En Español" and "Em Portuguese". A search bar is located at the top right. A navigation menu includes: "The Basics", "Conditions & Treatments", "Health Centers", "Drugs, Herbs & Supplements", "Nutrition & General Wellness", "Your Family", "News Center", "Lifestyle Tips", and "Tools & Multimedia". A large banner for "A Healthier You" is for Blue Cross Blue Shield of Massachusetts members, listing actions like "Take your health assessment", "Sign up for wellness workshops", and "Track your points", with a "Go Now" button. To the right, "Featured Tools" include "Find a Doctor", "Healthy Times Newsletter", "Personal Health Assessment", "Programs", and "Savings & Discounts". At the bottom right, there is a "24-hour Nurse Line / Blue Care Line" section with contact information.

### Create an account:

- 1 Go to: [www.ahealthyme.com](http://www.ahealthyme.com).
- 2 Click on **Go Now** under A Healthier You.
- 3 Follow steps in slides 4 & 5.

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## Option 3: Single-Sign-On with BCBSMA Member Central

The screenshot shows the BCBSMA Member Central website. At the top, there is a navigation bar with the logo and the text "membercentral everything you're looking for." Below this is a secondary navigation bar with tabs: "MY ACCOUNT", "USING MY PLAN", "A HEALTHY ME" (highlighted with a red box), "TOOLS & RESOURCES", and "NEWS & UPDATES". Below the tabs is a grid of content categories: "Get discounts, learn from popular health and wellness articles, and explore condition management programs.", "My Programs" (with sub-items: Overcoming Insomnia, Living Healthy Smoke Free, Living Healthy Babies), "Get Educated" (with sub-items: Dental Health, Fitness & Weight Loss, Flu Facts, Self Care Resources, Prevention), and "Manage My Health" (with sub-items: Case Management, Chronic Condition Management, Behavioral Health, Growing up Healthy, Screening Guidelines for Adults, Immunizations & Screenings for Healthy Children). Below the grid is a "Healthy Living" section with a "Print This Page" link. At the bottom, there are two main promotional boxes: "Healthy Resources" with a "Go now to ahealthyme" link, and "A Healthier You" with a "Create an account or login" link (highlighted with a red box).

### Create an account:

- 1 Go to: [www.bluecrossma.com](http://www.bluecrossma.com).
- 2 Click on **Member**.
- 3 Create or login to your Member Central account.
- 4 Once logged in, click on the **A Healthy Me** navigation tab.
- 5 Click on **Create an account or login** – follow steps in slides 4 & 5.

To log-in to ahealthyme next time, simply login to your Member Central account and click on "Create an account or login" – *you won't need to enter a username or password.*